

SEL WORKS

An extensive body of rigorous research (including randomized control trials, longitudinal follow-ups, and multiple replications) demonstrates that teaching social and emotional learning (SEL) skills and behaviors gets results.



11% Academic Gains

According to a meta-analysis of 213 studies involving more than 270,000 students

PLUS improved classroom behavior, an increased ability to manage stress and depression, and better attitudes about themselves, others, and school.

Source: Child Development



Return on Investment

According to a 2015 study by researchers at Columbia University

Source: Columbia University

Multiple Individual and Social Benefits

A 2015 national study published in the American Journal of Public Health found statistically significant associations between SEL skills in kindergarten and key outcomes for young adults years later in:



EDUCATION



EMPLOYMENT



CRIMINAL ACTIVITY



SUBSTANCE USE



MENTAL HEALTH

Source: American Journal of Public Health